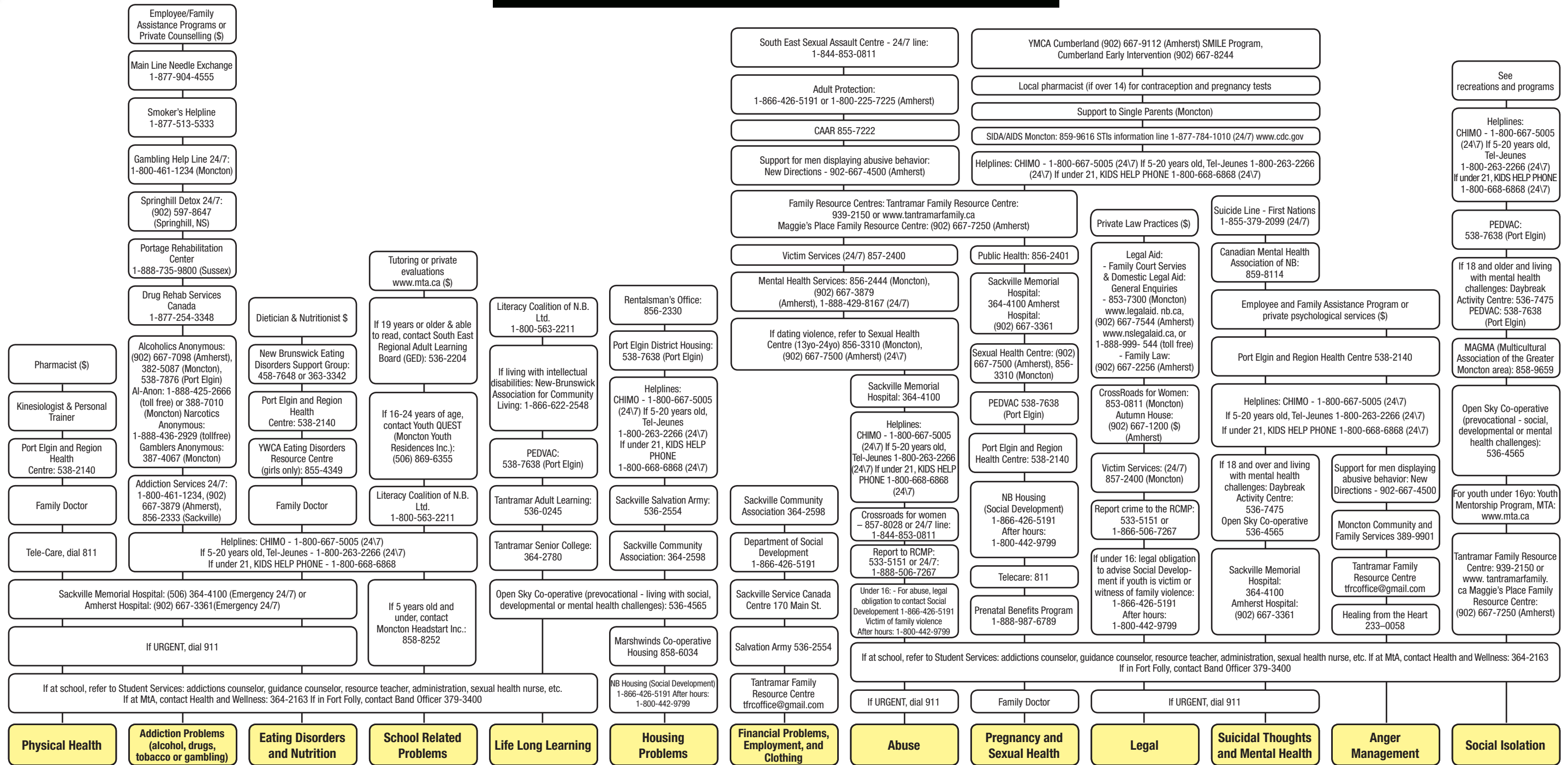


HELPING TREE



1 Take a look at the yellow boxes at the bottom of the Helping Tree and identify the issue that concerns you.

Identify the issue, then the resource.

2 Once you've identified the issue, look at the support services listed for each (white boxes) and find the one that feels right for you.



START HERE

TANTRAMAR REGION